



# First Aid for Emotional Hurts: Helping People Through Difficult Times

*Dr. Edward E. Moody*

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# First Aid for Emotional Hurts: Helping People Through Difficult Times

*Dr. Edward E. Moody*

## **First Aid for Emotional Hurts: Helping People Through Difficult Times** Dr. Edward E. Moody

Dr. Moody has provided pastors and individuals the tools and knowledge needed to help the hurting through significant issues of life. This book is an excellent resource tool for ministers as well as individuals seeking to minister to a congregation. Moody provides a biblical model of helping others as well as an overview of situations one may face when dealing with emotional and mental illness. He includes several biblical examples such as Job, Samson, Abigail, and Tamar giving accurate examples of dealing with issues still present in modern times. Basic medical terminology and medication is explained as well as information on appropriate resources for problems requiring professional help. The author also gives an extensive list of follow up resources when professional help is necessary including website addresses. Dr. Moody speaks with a qualified voice to the spiritual and physical needs in various situations faced in today's society. This is a call to action for first responders who see the hurting. Visit the author at [www.FirstAidForEmotionalHurts.com](http://www.FirstAidForEmotionalHurts.com) for more information.

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