



# Os homens mudaram: 150 variáveis que ajudam a entender esta mudança (Portuguese Edition)

*Paulo Stephan*

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O mercado de cosméticos, de cozinha, de operações plásticas, começa a crescer em um ritmo que não pode mais ser ignorado. Um exemplo? Cada vez mais os homens estão indo para a cozinha, sejam como profissionais, seja como hobby, em grande parte das famílias.

Essa é uma tendência pouco analisada nos livros publicados até hoje, mas ela, cada vez, se torna mais manifesta no universo em que vivemos.

O Paulo Stephan apresenta nesse livro dados estatísticos surpreendentes sobre essa realidade avassaladora. Fascinante, não só pelo inusitado, mas também pela rapidez com que está ocorrendo em grande parte do mundo civilizado. É um livro, não só de grande importância cultural, como também uma realidade muito bem descrita pelo autor nesse novo mundo em que vivemos.

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