



Take Your Love to Your Family and Your Frustrations to the Lord

Dr. John L. Lund

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Whether you are dealing with wayward children, an estranged spouse, or other strained relationships in your family, you will benefit from this inspiring talk by popular speaker and author Dr. John L. Lund. Using powerful stories, gospel principles, and experiences from more than forty years as a counselor, Dr. Lund shares practical ways to overcome frustrations in our interpersonal relationships. He says that rather than express our criticism to our loved ones, we need to show them acceptance, affection, and appreciation. People generally don't lack knowledge of what they are doing wrong, they lack motivation to change, he points out. That motivation can come from your love.

Dr. Lund teaches the five principles of divine intervention that the Lord can use to help us to deal with our problems. He teaches that rather than assuming the responsibility of being the change agent in the lives of those we love the very most, we should use a more efficient approach: take our love to them and our frustrations to the Lord.

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