

The Seven Stages of Money Maturity: Understanding the Spirit and Value of Money in Your Life

George Kinder

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- "A vital, seminal breakthrough work... Kinder penetrates money's enigmas and mythologies with the artist's delicate touch, the critic's discriminating eye . . . and the insightful sensitivity of a good human being. This book is a gift."
- --Richard Wagner, former chairman, Institute of Certified Financial Planners

Replace anxiety, self-sabotage, and self-doubt around money with the sense of ease and freedom you deserve in **The Seven Stages of Money Maturity**, a one-of-a-kind guide in the life-changing tradition of **The 9 Steps to Financial Freedom** and **Your Money or Your Life**. A renowned Buddhist teacher as well as a Harvard-trained, nationally prominent certified financial planner, George Kinder draws on both disciplines to guide us toward a full understanding of the spiritual and psychological issues that surround money.

Although many of us may assume that issues of money and spirit are separate, incompatible questions, George Kinder shows us that we must explore them together to attain true peace, freedom, and security in our money lives. Tracing the same path to transformation on which he has led his clients and lectured audiences for years, Kinder leads us through the Seven Steps of a journey to the profound liberation of awakening to a world of abundance and possibility.

Revealing practical, market-tested wealth-building skills as well as the wisdom that contributes to understanding and enriching the role money plays across our lives from the surface to the soul, Kinder teaches us how to:

Understand feelings that impact taking financial action
Develop understanding and knowledge about money
Eliminate stress and anxiety around money
Let go of old patterns and painful habits
Approach money tasks with energy and optimism
Design a money life that is fulfilling both financially and spiritually

A powerful new way to look at your money and at your life, **The Seven Stages of Money Maturity** will help us experience each encounter with money as a step toward awakening and a powerful lesson in understanding the relationships we share with others and with ourselves.

From the Hardcover edition.



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