



# **Reflective Practice in Mental Health: Advancing Psychosocial Practice with Children, Adolescents and Adults (Reflective Practice in Social Care)**

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## Reflective Practice in Mental Health: Advancing Psychosocial Practice with Children, Adolescents and Adults (Reflective Practice in Social Care)

Reflective Practice in Mental Health is the authoritative, definitive guide to psycho-social theory and practice in mental health. Featuring contributions from eminent experts, the book uses case studies to illustrate and address the complexities and dilemmas faced by practitioners involved in mental health care, and enables the reader to reflect on their understanding. Case studies from a variety of theoretical perspectives are included, covering psychodynamic theory, cognitive behavioural therapy, systemic family therapy, attachment therapy and therapeutic group-work. They also cover practice across a range of settings, including inpatient, community and children and family services. This book will be a crucial and invaluable text for social work practitioners and social work students aiming to ensure the very best practice in mental health social work, and aims to be the seminal text for mental health psychosocial practice. This series takes a practice-led, reflective approach to key areas of work in social care. Books in the series tackle the complexities and dilemmas that practitioners face every day, by using a series of case examples. Each book focuses on a different area of social work, including vulnerable children, looked after children and mental health. The discussion within each book is built around case studies, in order to give clear examples of how an integrated knowledge base can be applied to practice. This series is essential reading for all post-qualifying social work students and social work practitioners.

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