



# A Year on a Cape Wine Estate: Entertaining at Hamilton Russell Vineyards

*Olive Hamilton Russell*

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**A Year on a Cape Wine Estate: Entertaining at Hamilton Russell Vineyards** Olive Hamilton Russell Anthony and Olive Hamilton Russell frequently entertain guests on their prestigious estate. Wanting to showcase the best local produce, Olive has developed and adapted recipes to incorporate seasonal and indigenous ingredients from the surrounding fields, orchards, vineyards and seas. A Year on a Cape Wine Estate – Entertaining at Hamilton Russell Vineyards follows the seasons, beginning with spring, the time of bud-break and the start of a new cycle of growing and making wine. Each month contains a complete menu, with a starter, main course, side dishes, and dessert. Olive believes in sustainability and in using what Nature provides, and her recipes include produce such as black mussels from Walker Bay, fresh figs from her garden, fynbos honey made on the estate and edible indigenous plants, like ‘kooigoed’ and wild sorrel. Naturally, wine features, not only in some recipes, but in recommendations to accompany each dish. With superb photography by Sean Calitz, and inspired design, this is a book for lovers of fine cuisine, wonderful wine and anyone who wants to ‘taste’ the winelands of the Cape.

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