



Confessions of an Unbalanced Woman

Emily Watts

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Confessions of an Unbalanced Woman Emily Watts

Tens of thousands of women in the U.S. and Canada have laughed, wept, and learned together at Time Out for Women events. Now you can share the spirit of those occasions with this Time Out mini-book.

Confessions of an Unbalanced Woman shows what we can do to keep our perspective clear and get our priorities straight when we just don't seem to have enough time or energy to get everything done. Perfect for someone who needs a quick boost!

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