

The Mirror Crack'd: When Good Enough Therapy Goes Wrong and Other Cautionary Tales for the Humanistic Practitioner

Anne Kearns



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Revised edition. This title is as a wake-up call to take seriously the climate in which mental health professionals practice in which complaints and civil actions against psychotherapists and counsellors are on the increase and to sharpen assessment skills accordingly. It is also designed to help professionals to think about the "therapeutic frame" and what can happen to both the practitioner and the client when it is broken and finally to give voice to some colleagues who have been involved in the area of complaints in the hope that you and the organisations under whose codes of ethics you practice will take more of an interest in making those codes and frameworks more relevant to the intricacies of the therapeutic relationship. The message is simple: injuries that happen in relationships need to be addressed in relationships.

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