



Cognition and Emotion: From Order to Disorder

Mick Power, Tim Dalgleish

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The relationship between thinking and feeling has puzzled philosophers for centuries, but more recently has become a dominant focus in psychology and in the brain sciences. This second edition of the highly praised *Cognition and Emotion* examines everything from past philosophical to current psychological perspectives in order to offer a novel understanding of both normal emotional experience and the emotional disorders.

The authors integrate work on normal emotions with work on the emotional disorders. Although there are many influential theories of normal emotions within the cognition and emotion literature, these theories rarely address the issue of disordered emotions. Similarly, there are numerous theories that seek to explain one or more emotional disorders (e.g., depression, post-traumatic stress disorder, and phobias), but which rarely discuss normal emotions. The present book draws these separate strands together and introduces a theoretical framework that can be applied to both normal and disordered emotions. It also provides a core cognition and emotion textbook through the inclusion of a comprehensive review of the basic literature. The book includes chapters on the historical background and philosophy of emotion, reviews the main theories of normal emotions and of emotional disorders, and includes separate chapters organised around the five basic emotions of fear, sadness, anger, disgust, and happiness.

Cognition and Emotion: From Order to Disorder provides both an advanced textbook for undergraduate and postgraduate courses in addition to a novel approach with a range of implications for clinical practice for work with the emotional disorders.

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