

## **Self-Regulation and the Common Core: Application to ELA Standards**

Marie C. White, Maria K. DiBenedetto

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The Common Core State Standards for English Language Arts created new challenges for teachers and preservice instructors. Self-regulated learning, using one's thoughts, feelings, and behaviors to reach goals, can help students become independent, self-directed learners. This book provides educators the support they need to apply the principles of self-regulated learning in their teaching for success with the Common Core. In this book, Marie C. White and Maria K. DiBenedetto present information on how to apply academic selfregulation by integrating two models: one which addresses how students develop self-regulatory competence, the other which focuses on the various processes within the three phases of self-regulated learning. In addition, Self-Regulation and the Common Core provides specific lesson plans for grades K-12, using the standards and the integrated framework to promote higher order thinking and problem-solving activities.



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