



# **The Philosopher's Table: How to Start Your Philosophy Dinner Club - Monthly Conversation, Music, and Recipes**

*Marietta McCarty*

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**"Talk doesn't cook rice." —Chinese Proverb**

According to Socrates, knowledge is "food for the soul." That's all well and good for the Socratic but, according to Maslow, food for the stomach is a far more pressing matter.

But why can't you have your talk, and cook rice too? With *The Philosopher's Table*, Marietta McCarty shows you that you can. In this book, you will find all of the necessary ingredients to start a Philosophy Dinner Club, taking a monthly tour around the world with friends to sample hors d'oeuvres of succulent wisdom and fill your plate with food from each philosophers' home country. With recipes, theories, and insights both old and new—all peppered with McCarty's charming and informative prose—you and your friends will:

—Enjoy fresh homemade lamb meatballs and tzatziki, and the simple pleasures of life in Epicurus's ancient Greek garden.

—Practice nonviolence (in life and at the dinner table) while sharing tofu curry with Burma's Aung San Suu Kyi.

—Learn the fundamentals of rational decision-making with a mouthful of bratwurst from Germany's Immanuel Kant

—In the spirit of accepting change, ditch the familiar take-out containers and dine on homemade shrimp dumplings with China's Lao Tzu.

—And so much more!

Complete with McCarty's recommendations for ethnic music from each region to enjoy during your gatherings and discussion questions to prompt debate, *The Philosopher's Table* contains everything you need to leave your host's home brimming with both nutritional and mental satisfaction.

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