



Gerontopsychosomatik und Alterspsychotherapie: Grundlagen und Behandlung aus verhaltenstherapeutischer Sicht (German Edition)

Sabine Volkmar

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Die psychotherapeutische Behandlung Älterer stellt trotz des demografischen Wandels bisher eher randständiges Thema dar. In diesem Buch werden ausgehend von gerontopsychologischen Schwerpunktthemen die Grundlagen der Gerontopsychosomatik und Alterspsychotherapie aus verhaltensmedizinischer Sicht anhand der wichtigsten Störungsbilder dargestellt. Das Praktikerbuch bietet neben Diagnostikhilfen nach ICD-10 und Fallbeispielen spezifische und wissenschaftlich fundierte Psychotherapie- und Interventionsformen für ältere Patienten.

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