



Real Food for Vegetarians

Carol Palmer

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Real Food for Vegetarians focuses on easy to produce and quick to cook vegetarian meals. One of the features of the Real Food series is the attention to detail and the advice about your storecupboard. If you want to step up the quality of your eating at home, then it really starts with your supermarket trolley. This book will blend a host of fresh and storecupboard ingredients into great eating - that's guaranteed.

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