



Martin E. P. Seligman und die Positive Psychologie (German Edition)

Anna Nauen, Lisa Rieder

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Studienarbeit aus dem Jahr 2010 im Fachbereich Psychologie - Arbeit, Betrieb, Organisation und Wirtschaft, Note: 1,0, Hochschule Fresenius; Köln (Fachbereich Wirtschaft und Medien), Veranstaltung: Rezeption und Darstellung wissenschaftlicher Ergebnisse, Sprache: Deutsch, Abstract: Der US-amerikanische Psychologe Martin E. P. Seligman ist vor allem durch seine Arbeiten an der Idee der „Erlernten Hilflosigkeit“ und als Pionier auf dem Gebiet der „Positiven Psychologie“ bekannt geworden. Bis heute hat er über 20 Bücher und rund 200 wissenschaftliche Artikel über Motivation und Persönlichkeit publiziert. Hierbei sind seine Bücher weltweit in mehr als 20 Sprachen übersetzt und vereinzelt auch zum Best-Seller ernannt worden. Mit seiner Ehefrau Mandy McCarthy hat der heute 68-Jährige sieben Kinder (Amanda, David, Lara, Nicole, Darryl, Carly und Jenny) (Shah, 2010). Während seiner Laufbahn erhält Seligman unzählige Auszeichnungen für seine wissenschaftlichen Erkenntnisse. Zu nennen sind beispielsweise „Distinguished Practitioner, 1995“; „Lifetime Achievement Award, 2002“; „Ph.D., Honoris Causa, Uppsala University, Sweden, 1989“; „Doctor of Humane Letters, Honoris Causa, Massachusetts College of Professional Psychology, 1997“; „Ph.D., Honoris Causa, Complutense University, Madrid, 2004“; „Ph.D., Honoris Causa, University of East London, 2006“. Seine Forschungsarbeiten werden bis heute von vielen Institutionen unterstützt. Unter anderem durch das „National Institute of Mental Health“ (seit 1969), das „International Institute of Aging“, die „National Science Foundation“, das „Department of Education“, die „Guggenheim Foundation“ und die „MacArthur Foundation“ (University of Pennsylvania, 2010a).

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