



Psychothérapie psychodynamique: Les concepts fondamentaux (French Edition)

Marc-Antoine Crocq, Glen O. Gabbard

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Glen O. Gabbard est remarquable pour sa capacité à nous faire comprendre sur quoi reposent les psychothérapies psychodynamiques, depuis les concepts classiques freudiens jusqu'aux études actuelles établissant leur efficacité à l'aune de l'imagerie cérébrale, des neurosciences et des études contrôlées. Cet ouvrage offre une exposition exceptionnellement claire et fine des concepts théoriques, étayée par des cas cliniques commentés qui démontrent leur application. *Psychothérapie psychodynamique* réunit des qualités qui sont rarement toutes rassemblées : concision et précision, mais aussi abord exhaustif de toutes les théories classiques et des données modernes. Fort de son expérience, le Pr. Gabbard sait identifier et nous faire ressentir les difficultés souvent rencontrées dans le travail thérapeutique. Conseillers, éducateurs, psychologues, médecins - tous trouveront que ce livre éclaire et dynamise leur pratique quotidienne, comme peu d'autres livres en seraient capables.

Une introduction à la psychothérapie psychodynamique qui expose de façon claire et fine les concepts théoriques.

- Aborde avec concision et précision les théories classiques et des données modernes.
- Étaye les concepts par des cas cliniques commentés qui démontrent leur application.
- Illustre les difficultés souvent rencontrées dans le travail thérapeutique.

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