



# The Food of Bali: Authentic Recipes from the Islands of the Gods

*Wendy Hutton*

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**Bali's vibrant culture attracts thousands of visitors each year; yet few people have tasted authentic Balinese cooking because it is rarely served in tourist venues.** The secrets of the Balinese kitchen are presented for the very first time in this volume, which includes recipes for unusual dishes presented in an easy-to-follow format, alongside a selection of traditional Balinese meat, fish and poultry dishes. With a wealth of information on Balinese culture and gastronomy, *The Food of Bali* enables the reader to reproduce the enchantment of Bali at home.

Heinz von Holzen, a chef and food consultant based in Bali, trained in his native Switzerland before working in Holland, Australia, and Singapore, and came to Bali in 1990. He was surprised to hear so many people claim that there was "no such thing as Balinese cuisine," and began working with Lother Arsana, collecting authentic recipes for the type of food prepared in Balinese homes. An enthusiastic food photographer since 1987, he also styled and photographed the food for this book.

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