



Ammamare (Italian Edition)

Federica Garau

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Questo libro è stato scritto dalle mamme per le mamme e future mamme. L'allattamento è una parte bellissima e importante della maternità, non è l'unica certo ma concentra su di sé tutto ciò di cui il cucciolo d'uomo ha bisogno: nutrimento, coccole, calore, conforto.

Le storie che seguiranno raccontano di donne forti e coraggiose, che hanno allattato in alcuni casi due bimbi gemelli, in altri casi bambini nati prematuramente o con disabilità, in altri casi ancora si tratta di allattamenti comunque prolungati e osteggiati talvolta da parenti o dalla stessa struttura ospedaliera che dovrebbe invece fornire supporto.

Allattare si può. Anche quando sembra impossibile. Perché la natura ci ha creato perfette...Basta solo lasciarla fare!

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