

### Chakra Healing: 101 Chakra Healing Energy Affirmations With 60 Minute Chakra Healing Music MP3

Mitchell Dahood M.A.

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When used properly Chakra Healing affirmations are extremely powerful in transforming a persons overall health, energy and well being. This is especially true when combined with the Chakra Healing Music MP3 that is included with the purchase of this book.

There are three things that stop a lot of people from experiencing success with their affirmations.

- 1. Improper or poorly worded affirmations.
- 2. Incorrect use of affirmations
- 3. Not knowing the most powerful time of day to work with affirmations.

It is for this reason that I have released this book on Amazon Kindle.

In the book I address the three challenges listed above by providing more than 101 perfectly worded chakra healing affirmations, providing a powerful three step "chakra affirmations routine" and revealing the absolute most powerful time of day to work with affirmations for healing and balancing your chakras.

If you have worked with affirmations in the past with little or no results, or you have thought about trying affirmations but weren't sure how to proceed, then this book which costs a mere \$2.99 will provide everything you need to use affirmations in the most powerful way possible.

If for any reason you have difficulty downloading the Chakra Healing Music MP3, simply email me at mitchell@thechampionsheart.com and attach your receipt. I will send you the link within 24 hours.



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