



# Lighten Up!: A Complete Handbook for Light and Ultralight Backpacking (Falcon Guide)

*Don Ladigin*

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**Lighten Up!: A Complete Handbook for Light and Ultralight Backpacking (Falcon Guide)** Don Ladigin

Short, to-the-point, and humorously illustrated by famed outdoor illustrator Mike Clelland, this book presents everything hikers and backpackers need to be safe, comfortable, and well fed while carrying a very small and lightweight pack.

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