



# **The I Hate Kale Cookbook: 35 Recipes to Change Your Mind**

*Tucker Shaw*

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There are a lot of reasons to hate kale. It's an upstart. It's painfully hip. It's super healthy. Kale will never be bacon.

But here's the thing: If you can get past the hate, you'll figure out that kale is worth eating. Not just because it's good for you, but also because it tastes delicious, once you know what you're doing with it. And that's where *The I Hate Kale Cookbook* comes in. From satisfying Warm Kale Salad with Bacon and Eggs to Kale Fried Rice and Linguine with Kale and Walnut Pesto, this book offers thirty-five simple, tasty recipes that will turn any hater into a lover. (Or at least a liker.)

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Playing with family in a park, coming to see the ocean world or hanging out with good friends is thing that usually you might have done when you have spare time, and then why you don't try point that really opposite from that. One particular activity that make you not experience tired but still relaxing, trilling like on roller coaster you already been ride on and with addition details. Even you love The I Hate Kale Cookbook: 35 Recipes to Change Your Mind, you may enjoy both. It is very good combination right, you still wish to miss it? What kind of hang-out type is it? Oh can happen its mind hangout folks. What? Still don't get it, oh come on its named reading friends.

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