



Just as You Are: Opening Your Life to the Infinite Love of God

Paul Coutinho

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Stop spinning your spiritual hamster wheel.

Start living in the limitless love of God.

Many of us go through life thinking and acting as though we can somehow, in some way, earn God's love and favor. If only we do this, or that, or both, or more, God just might offer us at least a small bit of Divine approval or acceptance. Eventually realizing the impossibility of "getting right" with God through our own efforts, and tired of futilely going 'round and 'round in spiritual circles, we may even be inclined to permanently turn away from the Divine.

In Just as You Are, Paul Coutinho, SJ, helps us move forward in the confidence that God already loves us and simply asks that we embrace this amazing love and live in it on a daily basis. A native of India, Fr. Coutinho combines Eastern sensibilities with Ignatian principles and practices to show us how to open our lives—now and always—to the infinite, unfathomable love of God. Filled with thought-provoking stories, inspiring anecdotes, and memorable metaphors, Just as You Are makes clear that experiencing the joy and freedom of the Divine journey is the only "work" we need to do.

Being in love with the Divine is God's gift that is always available to anyone who is looking for it.

We have all had a taste of Divine love and our spirits hunger for more. But then other voices muffle the unconditional gift of Divine love—voices that speak of fear, guilt, anxiety, and unworthiness.

Falling in love with God begins with an infatuation that penetrates those negative voices, and we respond to this either by being more and more attracted to the Divine or we are repulsed by the experience. We come closer or we fight to get away. In either case our focus is the Divine energy that is drawing us to itself.

The Divine seducer never gives up but continues to draw us in many different ways to a deeper union and communion with the Ultimate. But when all is said and done, the falling in love will be up to you.

So if you really have the will to experience life as one who is in love with the Divine, it will happen. If you want it, you'll find it. In fact, love will find you.

Are you willing?

Are you ready?



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