



# Laktosito Bd. 4: Gemüsezauber: Genuss pur, ohne Laktose. (German Edition)

*Judith N. Grella*

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**Laktosito Bd. 4: Gemüsezauber: Genuss pur, ohne Laktose. (German Edition)** Judith N. Grella  
Gönnen Sie sich einmal das Vergnügen, mit dem Traktor über Feld und Wiese zu tuckern. Ein wenig Muskelkater müssen Sie dabei schon in Kauf nehmen, aber ...

Bewundern Sie unser Gemüse und sehen Sie, wie es wächst, geerntet und natürlich mit Hilfe von Laktosito in leckeren Variationen auf den Tisch gezaubert wird. Ein Gaumenschmaus – auch für diejenigen, die schlanke und gesunde Küche lieben.

Zaubern Sie mit Laktosito Gemüseköstlichkeiten, damit das Kochen zum Erfolgs-Erlebnis wird.

'Spezielle Kochbücher für Menschen, die unter der Milchzuckerunverträglichkeit leiden, sind bisher allein darauf ausgelegt, milchfrei zu kochen. Der Genuss ist zweitrangig. J. N. Grella beginnt mit ihren laktosefreien Rezepten da, wo herkömmliche Kochbücher enden.' (www.presse-meldungen.com)

Auf Ihren Appetit und Ihre Neugier freue ich mich.  
Ihre Judith N. Grella

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