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*Sonia Corcuera de la Mancera*

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Pocas veces se reflexiona sobre una actividad tan cotidiana como la de comer. El libro de Sonia Corcuera es pionero en este campo, y constituye uno de los atisbos más interesantes de una historia culinaria mexicana donde lo más significativo no sólo es el detalle anecdótico sino la lectura inteligente de la cultura gastronómica mexicana, una de las más ricas del mundo.

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