



# Your Sacred Yes: Trading Life-Draining Obligation for Freedom, Passion, and Joy

*Susie Larson*

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**Your Sacred Yes: Trading Life-Draining Obligation for Freedom, Passion, and Joy** Susie Larson  
**Are you worn out from life's ought-to's and should-do's?**

It's so easy to give away our time to things un-appointed by God. We commit to something because it's a good cause or there's a great need. Or maybe because no one else will help out. The result? The days blur together and we find ourselves overworked and underjoyed, desperate for a faith awakening.

In this practical and liberating book, Susie shares biblical ways to:

- Learn how--and when--to say no without guilt or shame
- Find a pace and perspective that matches God's best for you
- Discern man-made obligations from God-given invitations

**Will you say yes to the One who will rejuvenate your soul?**

"If your days feel more life-draining than life-giving, let Susie Larson show you how to reclaim the joyful, fruitful life God wants for you."--**Mark Batterson**, bestselling author and lead pastor, National Community Church

"Susie really opened my eyes to look for God's best when deciding where I spend my time."--**Caroline Barnett**, co-pastor of The Dream Center and author of *Willing to Walk on Water*

Includes Reflection Questions for Personal or Group Use. A DVD Study Companion Is Also Available Separately.

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