



## DEA - Dieta Energia Alta (Italian Edition)

*Marco Urbisci*

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# DEA - Dieta Energia Alta (Italian Edition)

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DEA (Dieta Energia Alta)

Dimagrire, colesterolo, diabete, cellulite, allergie, influenza, artrite, asma, stanchezza, digestione, circolazione, ecc. Scopri la dieta rapida, efficace e duratura, che il miglior dietologo di tutti i tempi, Madre Natura, ha previsto per l'Uomo!

Come mai ci siamo allontanati così tanto dal regime alimentare che ha garantito l'evoluzione umana per milioni di anni, prima dell'avvento dell'agricoltura e dell'allevamento su vasta scala, avvenuto all'incirca 10000 anni fa?

In questo volume viene spiegata esaurientemente la natura del cibo che mangiamo ogni giorno, nonché gli effetti specifici che esso produce sul nostro organismo, sia nel breve che nel lungo termine.

Ma si tratta di dati scientifici?

Si tratta del frutto di ricerche scientifiche effettuate da coraggiosi ricercatori, scienziati e medici che hanno deciso di porsi al di fuori del management medico-scientifico ufficiale che, o per ignoranza o per interesse, continua a proporci falsi miti attraverso i mass-media e le mode dietetiche che si susseguono in rapida successione.

La DEA (Dieta Energia Alta) assicura velocemente a chi la pratica, peso ideale, salute, energia, ringiovanimento, prosperità, tranquillità e buon umore.

La DEA (Dieta Energia Alta) è semplice, veloce, pratica, naturale, non richiede integratori o supplementi, può essere adottata anche parzialmente e/o progressivamente.

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